## Activity 5.2 Family – Self-Reflection Tool

## **Objectives:**



- I will understand how family practices support families in achieving their goals for their child or other family members.
- I will observe and facilitate the active participation of families in decision-making related to their child (e.g., assessment, planning, intervention).
- I will demonstrate strategies that are family-centered, build capacity, and demonstrate family-professional collaboration.

## How to use:

Setting:

After observing or participating in a family-professional partnership, use this tool to reflect on the implementation of family practices, the impact on child and family outcomes, and identify ways to improve. These reflections will be used to help design your action plan.

Name:	Date:

**DIRECTIONS:** Briefly describe and reflect on a family-professional partnership you observed or in which you took part.

1. **Objective** – Describe the following aspects of the partnership.

Describe the child and family of focus focusing on the child and family strengths.

Describe the family concerns, priorities, and goals.

Describe opportunities to strengthen family functioning and parenting confidence.

Describe if/when you helped the family access and use resources, understand their rights, and promote leadership and advocacy-building opportunities.

2. Reflective – How did your use of Recommended Practices for Families impact child and family outcomes? Did you feel that changes in practice contributed to increased positive outcomes? Do you feel more or less competent in using Family practices that support desired family and child outcomes?

**3. Interpretive** – What did this family partnership process make you think about? What did you learn from this process? What worked and what do you still need to practice

4. **Decisional** – What will you do differently in your next opportunity to partner with families to ensure the success of programs and services for young children with disabilities?

Adapted from: Stanfield, R. B. (Ed.). (2000). The art of focused conversation: 100 ways to access group wisdom in the workplace. New Society Publishers