

Activity 4.2 Teaming and Collaboration – Self-Reflection Tool



Objectives

- I will understand how teaming and collaboration practices support the implementation of programs and services for young children with disabilities.
- I will observe and participate in collaborative interactions to promote sustained relationships among adults.
- I will demonstrate strategies that are respectful, supportive, enhance capacity, and are culturally sensitive.

How to use

After participating in a team meeting, use this tool to reflect on your implementation of teaming and collaboration practices, the impact on child and family outcomes, and identify ways to improve. These reflections will be used to help design your action plan.

Name: _____ Date: _____

Setting: _____

Directions

Describe a team meeting.

1. **Objective** — Describe the people involved in the meeting and the specific strategies used.
 - Describe the **child and family of focus and the topic** (i.e., problem-solving, planning, implanting interventions).

- Describe the **multiple disciplines** present at the meeting.

- Describe the **exchange of information, knowledge, and expertise.**

- Describe the **mutually agreed upon goals and outcomes.**

2. Reflective — How did the teaming and collaboration impact child and family outcomes? Did you feel that changes in practice contributed to increased positive outcomes? Do you feel more or less competent in facilitating teaming and collaboration practices that support the desired family and child outcomes?

3. Interpretive — What did this teaming process make you think about? What did you learn from this process? What worked and what do you still need to practice?

4. Decisional — What will you do differently in your next opportunity to participate on a team to ensure the success of programs and services for young children with disabilities?

Adapted from: Stanfield, R. B. (Ed.). (2000). *The art of focused conversation: 100 ways to access group wisdom in the workplace*. New Society Publishers.