

Activity 1.2 Interaction – Self-Reflection Tool



Objectives

- I will implement sensitive and responsive interactions with children.
- I will observe if the change in interactional practices resulted in a change in child outcomes.
- I will identify what worked well and what didn't and plan appropriate changes.

How to use

After engaging in interactions with young children in natural, everyday activities and routines, use this tool to reflect on your implementation, impact on children, and identify ways to improve. These reflections will be used to help design your action plan.

Name: _____ Date: _____

Setting: _____

Directions

Describe a successful interaction that occurred in your work with a young child.

1. Objective — Describe the interaction objectively:

- Describe what you observed that made you think the child was attempting to interact or communicate:
- Describe the identified expression, gesture, focus of attention/engagement, language or other behavior by the child:
- Describe how you interpreted the behavior:
- Describe how you responded contingently to the behavior:

- Describe how you and the child engaged to sustain the interaction:

2. Reflective — How did this interaction feel? Was it different than interactions you have had with young children in the past? Do you feel more or less effective in engaging in responsive, sensitive, and contingent interactions with young children?

3. Interpretive — What did this interaction make you think about? What did you learn from this interaction? What worked and what do you still need to practice?

4. Decisional — What will you do differently in your next opportunity to engage in interactions with young children? How will your use of responsive, sensitive, and contingent interactional practices affect your work with young children?

Adapted from: Stanfield, R. B. (Ed.). (2000). *The art of focused conversation: 100 ways to access group wisdom in the workplace*. New Society Publishers.